

Memorandum



Finlandia Koti
Palvelukoti
Rivitalo Townhouses
Majatalo
Hoivakoti Nursing Home
Lepokoti

To: Residents of Finlandia Village
From: David Munch, Chief Executive Officer
Date: 1/7/2021

Re: COVID-19 Vaccination Information

We are representing a turning point in our fight against COVID-19. Health Canada as I am sure you are all aware has authorized the Moderna and Pfizer-BioNTech mRNA vaccines. These vaccines have shown to help protect those who are immunized from becoming sick with COVID-19. No serious side effects with this vaccine have been reported to date.

There is a limited supply of the vaccine in the initial phase of the vaccine program. We are excited to announce that Finlandia Village Residents, staff, essential caregivers, and support workers are among the first group eligible for immunization in Ontario.

The information we receive is evolving. We will communicate to everyone as we are made aware. We ask that you have patience as we embark on this Global Vaccination Program together.

Below are updates that we know to date:

- Standards of safety, efficacy and quality have not been compromised to expedite the approval of COVID-19 vaccines. Monitoring of the vaccine's safety and effectiveness will continue now and into the future.
- The vaccine will be given in 2 doses in order for your body to build up protection and you will receive it 21-28 days apart. We will notify you.
- The common side effects of the vaccine included pain at the injection site, fatigue, headache, muscle pain, chills, joint pain and fever.
- You cannot contract the coronavirus (COVID-19) from this vaccine. It is not a live vaccine and does not contain the virus.
- You will still be expected to follow all public health guidelines of masking and social distancing after the vaccine is administered.
- If you have mild side effects you should still receive the second dose. Mild side effects are common for all vaccines and typically resolve in a few days. It is important to receive both doses to offer the best protection.

January 7, 2021

At this time, we do not know when the Sudbury area will be scheduled for vaccinations. We will be hosting Resident Vaccination clinics **onsite** for all Residents of the Village. This will be dependent on the number of vaccines we receive.

How can you help to be ready?

- Ensure you bring your health card to your appointment. If you do not have a health card, bring another form of government issued-photo ID such as a driver's license, passport, Status Card or other provincial health cards.
- Bring your Immunization record to keep track of this vaccine.
- Your mask.
- Take your regular medication and eat your meals as usual.
- If you have symptoms of COVID-19, **DO NOT** attend the vaccination clinic.
- Wear loose fitting clothing or t-shirt so that the health care provider can easily access your arm for vaccination.
- Bring a current list of your medications you are taking.
- Arrive during your scheduled appointment time, which will be given to you when the clinic dates are confirmed.
- You will be required to stay after your vaccination for 15 minutes to monitor any side effects you may experience.

We are currently awaiting further direction and information in the coming days and weeks. These are exciting times to be part of the largest immunization program we have ever encountered. In the meantime, our lines of communication will remain open.

While the vaccine is voluntary, doing your part by getting vaccinated will protect people's lives and help Canada recover from the COVID-19 pandemic

If you would like further information regarding the vaccines you can visit the Government of Canada website at www.canada.ca